



Healing Young Hearts offers free resources and training to help children and families find emotional healing after heartbreak, illness and trauma.

Epilepsy Awareness:

Our free epilepsy education presentations teach students and families that people with epilepsy can lead full and meaningful lives with proper medical care. When children face challenges, if they have strong supportive relationships with caring adults who help them make sense of the difficulties they experience, they can learn skills for resilience. Our emotional response to epilepsy can make a great difference in quality of life and happiness.



Online Forum for Families Using the Modified Atkins Diet:

We offer free online support for families using the Modified Atkins Diet. It's a place where you will find tips on how to cook, shop, find recipes, manage life and find a shoulder to cry on when you need it at our Yahoo Group Modified Atkins Epilepsy Support HYH. Visit us at:

http://health.groups.yahoo.com/group/modifiedatkins_seizures/

MAD DVD Training Resources:

We offer free scripts and pdf handbooks to physicians and dietitians in the developing world, to train families where access to ketogenic clinics is limited or non-existent.

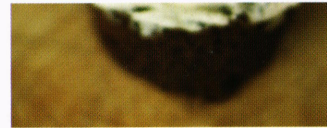
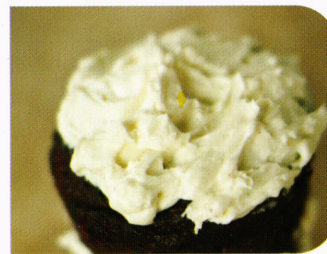
Disaster Resources:

Our free online resources have been used by volunteers in 18 countries, as well as by UNICEF, the International Red Cross and the Beijing National Children's Center in disaster assistance programs in China's Sichuan earthquake zone. Our practical teaching materials help children recover from the shadows of trauma and create a haven of emotional support in the classroom.



Leukemia Volunteer Training:

Our free training seminars help volunteers working with children with chronic medical conditions make medical treatment a less stressful experience by engaging young people in games, stories and play sessions during their hospital stay.



For more information please contact:

Jeanne Riether

Director

Healing Young Hearts Volunteer Project

Cathay Future Children's Arts Center, Tianjin, China

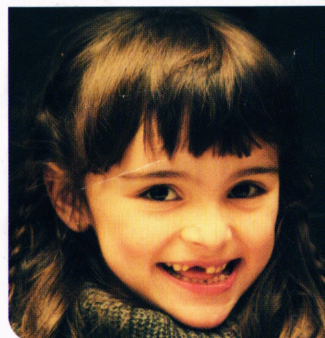
Email: healingyounghearts@gmail.com

Website: <http://www.healingyounghearts.org>

Support for Families

Join our free online MAD Yahoo Group

http://health.groups.yahoo.com/group/modifiedatkins_seizures/



Cathay Future Children's Arts Center The Healing Young Hearts Volunteer Project

**Bringing the Modified Atkins Diet
to the Developing World**



**HEALING
YOUNG
HEARTS**



**Modified Atkins Diet for
Epilepsy DVD Training in China**

An innovative, cost effective project launched in China on July 15th, 2012, helps physicians train patients and families using the Modified Atkins Diet (MAD) for epilepsy via DVD classes. Chinese doctors and dietitians can now provide patients and families with a free copy of a two hour Chinese language MAD training DVD. The classes and accompanying pdf handbook instruct patients in MAD basics, cooking tips, recipes, shopping information and practical advice about managing the diet in daily life in China. The Cathay Future Children's Arts Center made 2000 free copies of the DVD available to neurologists throughout China, who can duplicate copies to distribute to patients.



Bringing the Modified Atkins Diet to the Developing World

Healing Young Hearts Modified Atkins Diet for Epilepsy Training DVD scripts and the English pdf handbook are available for free use by physicians and dietitians in hospitals in the developing world where access to ketogenic clinics is limited or non-existent. Scripts may be adapted to accommodate regional dietary preferences.



The Healing Young Hearts Modified Atkins Diet Training DVD was made in collaboration with:

- Cathay Future Children's Arts Center, Tianjin, China
- Stroup Kids for Kids Epilepsy Foundation, USA
- Dr. Eric Kossoff, Johns Hopkins Hospital, Baltimore, Maryland, USA
- The China Association Against Epilepsy, Beijing, China
- Dr. Deng Yuhong, Guangzhou Medical University Hospital, Guangzhou, China
- Dr. Liao Jianxiang, Shenzhen Children's Hospital, Shenzhen, China
- Dr. Yang Wei Dong, Tianjin Medical University General Hospital, Tianjin, China